

# Comhdháil Na Múinteoiri Le Rinci Gaelacha

www.irishdancingorg.com

## FEIS INISHOWEN

In: Carndonagh Community School,  
Carndonagh, Co. Donegal.

On: Sunday 7<sup>th</sup> March 2010.

### ADJUDICATORS:

**Ms. Linda Sherry A.D.C.R.G. Dublin.**

**Ms. Aileen Lawrenson A.D.C.R.G. Co. Antrim.**

### MUSICIAN:

**Mr. Colin McGill Co. Laois.**

#### PLATFORM A

9.00a.m. Under 5 Light Jig or Single Jig  
Under 6 Reel

10.00a.m. Under 7 Light Jig or Single Jig  
Under 8 Reel  
Under 7 Slip Jig  
Under 8 Boys' Light Jig

#### PLATFORM B

Under 6 Light Jig or Single Jig  
Under 5 Reel  
Under 8 Light Jig or Single Jig  
Under 7 Reel  
Under 8 Slip Jig  
Under 8 Any Figure Dance

#### LUNCH

1.00p.m. Under 9 Light Jig  
Under 10 Reel  
Under 9 Slip Jig  
Under 10 Treble Jig  
Under 9 St. Patrick's Day

3.00p.m. Under 10 Any 2 Hand Dance

3.30p.m. Under 11 Light Jig  
Under 12 Treble Jig  
Under 11 Reel  
Under 12 Slip Jig  
Under 11 Any Traditional Set Dance

6.00p.m. Under 13 Reel  
Under 14 Hornpipe  
Under 13 Treble Jig  
Under 14 Treble Reel Step  
Under 13 Set Dance

7.30p.m. Under 16 Reel  
Senior Hornpipe  
Under 16 Treble Jig  
Senior Treble Reel Step  
Under 16 Set Dance

Under 10 Light Jig  
Under 9 Reel  
Under 10 Slip Jig  
Under 9 Treble Jig  
Under 10 St. Patrick's Day  
Under 12 Boys' Jig  
Any 2 Hand Dance 10 - 12 Years  
Under 12 Light Jig  
Under 11 Treble Jig  
Under 12 Reel  
Under 11 Slip Jig  
Under 12 Any Traditional Set Dance  
Under 14 Reel  
Under 13 Hornpipe  
Under 14 Treble Jig  
Under 13 Treble Reel Step  
Under 14 Set Dance  
Senior Reel  
Under 16 Hornpipe  
Senior Treble Jig  
Under 16 Treble Reel Step  
Senior Set Dance

**Please Note: Under 16 and Senior competitions may be divided into Under 15 and Under/Over 18 age groups – Time/numbers permitting**

Beginner, Pre-Open and Open Grades in Light/Single Jig, Reel, Slip Jig and Treble Jig Competitions.

(Under 6 –Under 12 Years)

In Beginner competitions, competitors must dance BASIC steps in all dances.

Class costumes or skirts and tops must be worn in all beginner grades in all ages **and** in pre – open and open competitions up to and including Under 9 years.

Over 12 age groups will be divided into Pre-Open and Open in some dances. These will be decided at the Feis.

Dancers may compete in **one** grade only.

Please note: To qualify for the Set Dance competition dancers must compete in the Open grade.

**Under 5 – Under 8** Dancers may dance either Light Jig or Single Jig.

**Under 9 – Under 12** Dancers may dance either Light Jig or Treble jig.

**Under 13 – Senior** Top 7 overall will be recalled for Set Dance.

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**ENTRY FEES: Solo: £2.00/€2.50 Figure: £2.00/€2.50 Set Dance: £2.00/€2.50**

**ADMISSION: £2.00/€2.50**

**PLEASE NOTE THE FOLLOWING:**

- Age as from 1<sup>st</sup> January 2010.
- Children up to and including under 12 are prohibited from wearing face make-up, including facial tan.
- All dancers are prohibited from wearing any form of glitter on their face.
- Competitors are required to be appropriately attired at all times when attending a Feis and that the Committee has the right to ensure that the Rule is adhered to.
- Any form of unauthorized photography which captures a dancers image whilst taking part in competition is expressly forbidden. This covers photography by means of mobile phone, video camera and cine recorder with or without flash facility.
- Changing of clothes will not be permitted in the hall.
- No smoking within the hall or in the school grounds.
- Dancers in all grades must be in line before their competition starts, failure to do so will eliminate the competitor from that dance.
- Please use litter bins provided.
- THE COMMITTEE RESERVE THE RIGHT TO AMEND THE SYLLABUS.
- The Committee accepts no responsibility for any personal injury or loss of property during the Feis.

***We would be grateful for your support and look forward to welcoming you to Inishowen. Any proceeds from the Feis will go to various charities.***