

CEAD MILE FAILTE TO THE 10<sup>TH</sup> ANNIVERSARY  
{2001 -2010}

# GOOD COUNSEL FEIS

ON

SATURDAY 17<sup>TH</sup> APRIL 2010 @ 9 am

VENUE: CELBRIDGE GAA CLUB, HAZELHATCH  
ROAD, CELBRIDGE, CO KILDARE.

*Under the Rules of An Comhdhail Muinteoiri le Rince Gaelacha*  
[www.irishdancingorg.com](http://www.irishdancingorg.com)

*Adjudicators: Ms. Caroline Bolton-Fennell, ADCRG – Dublin*  
*Mr. Damien O'Shaughnessy, ADCRG - Dublin*  
*Ms. Orla Lyons-Mc Govern – Cork*  
*Ms. Jacqueline Leigh – Dublin*

*Proceeds: Irish Heart Foundation & Our Lady's Children's  
Hospital, Crumlin*

**ENQUIRIES: DENISE O'RAFFERTY 045 446273/  
087 2371415 – [denise.orafferty@gmail.com](mailto:denise.orafferty@gmail.com)**

*Fees: Solo's & Figs: €3 Champ's:€3.50 Cup Competition:€5*  
*Registration: €3 per dancer - €5 Family Fee*

*Teas & Refreshments/Dance Accessory Shop Available*

<b>9 am Dance</b>	<b>Floor 1</b>	<b>Floor 2</b>	<b>Floor 3</b>	<b>Floor 4</b>
<i>Reel Bega A</i>	U/4 & U/6	U/5 & U/7	U/8	U/9
<i>Light Jig Bega A</i>	U/4 & U/6	U/5 & U/7	U/8	U/9
<i>Slip-Jig Bega A</i>	U/5 & U/6	U/7	U/8	U/9
<i>Single-Jig Bega A</i>	U/6	U/7	U/8	U/9
<i>Treble-Jig Bega A</i>	U/7	U/8	U/9	U/10
<i>Hornpipe Bega A</i>	U/7	U/8	U/9	U/10
<i>St. Pats Day Bega A</i>	U/7	U/8	U/9	U/10
<b><i>Cup Competition Bega A</i></b>	<b>U/7</b>	<b>U/8</b>	<b>U/9</b>	
<i>Reel Bega B</i>	U/6 & U/7	U/8	U/9	U/10
<i>Light Jig Bega B</i>	U/6 & U/7	U/8	U/9	U/10
<i>Slip-Jig Bega B</i>	U/6 & U/7	U/8	U/9	U/10
<i>Single-Jig Bega B</i>	U/7	U/8	U/9	U/10
<b><i>Cup Competition Bega B</i></b>	<b>U/7</b>	<b>U/8</b>	<b>U/9</b>	<b>U/10</b>
<b>12.30 pm (Approx)</b>				
<i>Reel Bega A</i>	U/10	U/11	U/13	<i>Any Age</i>
<i>Light Jig Bega A</i>	U/10	U/11	U/13	<i>Any Age</i>
<i>Slip-Jig Bega A</i>	U/10	U/11	U/13	<i>Any Age</i>
<i>Single-Jig Bega A</i>	U/10	U/11	U/13	<i>Any Age</i>
<i>Treble-Jig Bega A &amp; B</i>	U/11 Bega A	U/11 Bega B	U/13	<i>Any Age</i>
<i>Hornpipe Bega A &amp; B</i>	U/11 Bega A	U/11 Bega B	U/13	<i>Any Age</i>
<i>St. Pats Day Bega A &amp; B</i>	U/11 Bega A	U/11 Bega B	U/13	<i>Any Age</i>
<b><i>Cup Competition Bega A</i></b>	<b>U/10</b>	<b>U/11</b>	<b>U/13</b>	<b><i>Any Age</i></b>
<i>Reel Bega B</i>		U/11	U/13	<i>Any Age</i>
<i>Light Jig Bega B</i>		U/11	U/13	<i>Any Age</i>
<i>Slip-Jig Bega B</i>		U/11	U/13	<i>Any Age</i>
<i>Single-Jig Bega B</i>		U/11	U/13	<i>Any Age</i>
<i>Reel Bega C</i>	U/8 & U/9	U/10	U/12	<i>Any Age</i>
<i>Light Jig Bega C</i>	U/8 & U/9	U/10	U/12	<i>Any Age</i>
<i>Single-Jig Bega C</i>	U/8 & U/9	U/10	U/12	<i>Any Age</i>
<i>Treble-Reel Bega C</i>	U/8 & U/9	U/10	U/12	<i>Any Age</i>
<b><i>Cup Competition Bega B</i></b>	<b>u/11</b>	<b>U/13</b>		<b><i>Any Age</i></b>
<b><i>Cup Competition Bega C</i></b>	<b>U/9</b>	<b>U/12</b>		<b><i>Any Age</i></b>
<b>4:00 pm (Approx)</b>				
<i>Reel Pre Open</i>	U/7 & U/8	U/9	U/10	U/11
<i>Slip-Jig Pre-Open</i>	U/7 & U/8	U/9	U/10	U/11
<i>Treble-Reel Pre-Open</i>	U/7 & U/8	U/9	U/10	U/11
<i>St. Pats Day Pre-Open</i>	U/7 & U/8	U/9	U/10	U/11

<i>NCH Reel &amp; Jig</i>	U/7 & U/8	U/9	U/10	U/11
<i>Baby Cup</i>	U/6			
<b>Dance</b>	<b>Floor 1</b>	<b>Floor 2</b>	<b>Floor 3</b>	<b>Floor 4</b>
<i>Slip-Jig Open</i>	U/7 & U/8	U/9	U/10	U/11
<i>Heavy Jig Open</i>	U/7 & U/8	U/9	U/10	U/11
<i>Treble-Reel Open</i>	U/7 & U/8	U/9	U/10	U/11
<b>Trad Set Dance Cup Competition Pre-Open</b>	U/8	U/9	U/11	
<i>C'Ship Reel &amp; Jig</i>	U/7 & U/8	U/9	U/10	U/11
<b>6.30 pm</b>				
<i>Reel Pre-Open</i>	U/12	U/13	U/14	U/15 & O/15
<i>Single-Jig Pre-Open</i>	U/12	U/13	U/14	U/15 & O/15
<i>Hornpipe Pre-Open</i>	U/12	U/13	U/14	U/15 & O/15
<i>Treble-Reel Pre-Open</i>	U/12	U/13	U/14	U/15 & O/15
<i>Slip-Jig Open</i>	U/12	U/13	U/14	U/15
<i>Heavy Jig Open</i>	U/12	U/13	U/14	U/15
<i>Treble-Reel Open</i>	U/12	U/13	U/14	U/15
<b>Trad Set Dance Cup Competition Pre-Open</b>	U/13	U/15	O/15	
<i>C'Ship Reel &amp; Jig</i>	U/12	U/13	U/14	U/15
<i>NCH Reel &amp; Jig</i>	U/12	U/13	U/14	U/15
<b>8.00 pm</b>				
<i>Slip-Jig Open</i>	U/16	U/18	O/18	
<i>Heavy Jig Open</i>	U/16	U/18	O/18	
<i>Treble-Reel Open</i>	U/16	U/18	O/18	
<i>C'Ship Reel &amp; Jig</i>	U/16	U/18	O/18	

**Rules Of Feis:**

1. Good Counsel Feis is registered with An Comhdhail Muinteoiri le Rince Gaeilge.
2. Age as from the 1.1.10.
3. All competitors must present themselves when a competition is called.
4. **NO MAKE-UP** allowed for competitors under 13 years of age.
5. **All RUBBISH** must be placed in litter bins provided.
6. The decision of the committee is final on all matters.
7. **REFUNDS** will **NOT** be entertained.
8. Changing of Costumes is only permitted in the designated areas.
9. There must be five competitors to make a competition, otherwise an award will be given.
10. In Beginners A section competitors must dance **EASY REEL, LIGHT JIG, SLIP-JIG**, etc.
11. **SOLO COSTUMES** are not permitted in Beginners section. Class costumes or skirt and blouse etc **MUST** be worn or else competitor will be eliminated from competition.
12. No **Class Names** to be displayed on **Solo Costumes**.
13. **"En-Pointe"** movement is banned for competitors under 14 years of age.
14. **NO SOLO COSTUMES PERMITTED UP TO U/10 YEARS.**

**THANK YOU FOR YOUR SUPPORT**